

July 2006

Ready...Set...Retire!

A Quarterly Newsletter for Retirees of Lycoming County



Let's Stay Connected . . .

As a retiree, you have probably discovered that it is sometimes difficult to maintain friendships with your former county co-workers, now that you don't see them every day.

You can stay connected by participating in the activities that are now being planned by the new Retiree Group, which will be meeting on July

12th (see back cover), and by letting us know what you want to read in your quarterly newsletter.

What would **YOU** like to see in upcoming issues? Please let us know! Call the editor at 320-8157, Email her: joan.blank@lyco.org or write to: 48 West Third Street, Williamsport, PA 17701. We look forward to hearing from you!

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...from Ann's desk

Change is good—or at least that what we're told. In the case of the Human Resources office, change has definitely been good! We moved from a tiny corner of the fourth floor in the Court House to the fourth floor of Executive Plaza and then, after another reorganization—moving the Veterans Affairs Coordinator under the Human Resources—we moved once more to the 1st floor of Executive Plaza. This year, Joan Blank was hired as an Administrative Office Manager. She is training to provide backup to the VA coordinator, and oversees a few new projects for the HR office. You'll notice that Joan is the editor of this newsletter for retirees as well as the County Newsletter. We wanted a way to provide valuable and updated information to our retirees and we now can provide that service. Enjoy the summer and I look forward to seeing you on the 12th.

Ann Gehret

Published by Office of Human Resources, 48 West Third St., Williamsport, PA
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Fresh from the Farm:

It's SUMMER and we are seeing the colorful, flavorful, fresh produce in the local farm stands and markets. Did you know that you may be able to receive a check from the State Farmers Market Nutrition Program to offset the cost of your purchases?

In order to qualify, older adults must be 60 years of age and older and meet income requirements during the program year. The income requirement for a single person is \$18,130, while couples can earn no more than \$24,420 total. Eligible residents should contact the Office of Aging at 323-3096 to inquire about this program.



Following is a list of local Farmers Markets that you may want to visit during the next few months. Take advantage of the fresh, local harvest grown right here in your county! For a listing of farm markets throughout the entire state, you can download a copy of "A Consumer's Guide to Pennsylvania Farm Markets 2006" at www.agriculture.state.pa.us. Click on 'Consumers' and then find the link to the guide under 'Buying PA Food.' Or call the PA Department of Agriculture at (717) 783-9948 to get a copy mailed to you.

42 FARM MARKET

5095 Route 42, Benton
Mon. – Sat. 10AM – 6PM

A.P. LORSON FRUIT FARM

292 Lorson Road, Williamsport
Mon. – Sat. 8AM – 4:30 PM

BERRIED TREASURES FARM

Route 220 N, Linden
Mon. – Sat. 7AM – 6PM

BOWMAN FIELD FARMERS MARKET

West Fourth Street at Bowman Field
Fri. 11AM – 3PM

ECK'S ORCHARD

5198 Route 654 HWY, Williamsport
Mon. – Fri. 9AM – 7PM, Sat. 9AM – 3PM

ENDERS FRUIT FARM

68 Orchard Lane, Jersey Shore
Daily 9AM – 8PM

GOOD HARVEST

967 Lehman Road, Allenwood
MON – SAT 8:30AM – 5PM

JERSEY SHORE FARMERS MARKET

Routes 220 & 44, Jersey Shore
Thursday 7AM – 5PM

MARSHALEK'S FRUIT FARM

1875 Quaker State Road, Montoursville
Mon. – Fri. 8AM – 6PM, Sat. 8AM – 4PM

PINE STREET FARMERS MARKET

Little League Boulevard, Williamsport
Sat. 8AM – 1PM

STONEY ACRES PRODUCE

17316 S RT 44, Allenwood
Mon. – Sat. 7AM – 7PM

TEBBS FARM MARKET

1620 Four Mile Drive, Williamsport
Mon. – Sat. 9AM – 6PM

TOM STYER FARM & MARKET

215 Shady Lane, Muncy
Behind Muncy Valley Hospital
Mon. – Fri. 8AM – 6PM, Sat. 8AM – 4PM

WENTZLERS FARM MARKET

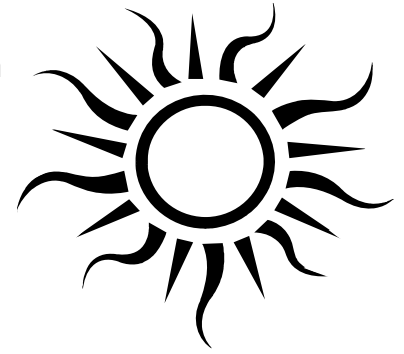
1820 East Third Street, Williamsport
Mon. – Sat. 8AM – 5PM

WENTZLERS FRUIT FARMS

205 Lycoming Mall Road, Pennsdale
Mon. – Sat. 8AM – 5PM

So far this year...

Doris, JoAnne, and Bob have all retired from County employment with Ag Extension, Courts, and Information Services departments— with a total of 48 years of service! Congratulations to you!



Doris Sanso
Ag Extension

Years of Service
1/12/87 ~ 3/17/06



JoAnne Ackerman
Courts

Years of Service
11/24/86 ~ 4/3/06



Bob Coolidge
Info. Services

Years of Service
9/15/97 ~ 6/2/06



Don't Call Me Here Again . . . !!!!!

It's 5:45 p.m. You've just settled down at the table to enjoy a relaxing meal when it starts...

“RING...RING”

...the telephone starts to ring. You know who it is . . .and they always seem to call at the most *inconvenient* time! Telemarketers are calling... **AGAIN!!!**

How can you get them to stop calling? There ***is*** a way! Several ways, in fact:

If you have a computer, you can add your name and phone number to the “DO NOT CALL” list at **www.nocallsplease.com**, which is a registry for those who want to be protected from unwanted calls.

Or...

If you would like to call to register, the phone number is **1-800-777-3406**.

Or...

If you would like to mail in your registration, send your name, address, phone number(s), and signature to:

DMA Telephone Preference Service

P.O. 1559

Carmel, NY 10512

This will register you on both the PA and nationwide “No Call” lists.



Planning a trip? Need a Passport? Here's what to do . . .



To acquire a passport, you must complete an application in the Prothonotary's Office. You will also need to take with you:

- a **certified copy of your birth certificate**
- your **driver's license**
- **two identical photos** (in accordance with passport regulations) and

- **checks** made out to Passport Services \$67 and Prothonotary \$30

Normal processing time is five to six weeks. Expedited service is available for additional fees.

For more information call 327-2256.

Are You a Veteran? Check out your benefits...

Did you serve in the military? Do you know what benefits you are entitled to receive?

Call the Veterans Affairs office (320-2100) and find out! Don Cohick, the local coordinator for Lycoming County VA, or Joan Blank, the office manager, will be happy to answer your questions or set up an appointment for you to come in and get the paperwork started.

For eligible veterans, there may be VA assistance available which includes health care and prescription drugs. Also, for qualifying veterans or surviving spouses, the VA may furnish compensation toward the cost of in-home care, assisted living, nursing home care and other health-related expenses.



GET THE FACTS! CALL US TODAY!

"We're in the money..."



Each year, the Pennsylvania Treasury Department receives millions of dollars in unclaimed property from abandoned bank accounts, forgotten stocks, checks that have not been cashed, certificates of deposit, life insurance policies, safe deposit boxes and other sources.

To see if **YOU** have \$\$\$\$\$\$\$ waiting to be claimed, check the Treasury Department Web site at **www.patreasury.org**, call 1-800-222-2046 or write to the PA Bureau of Unclaimed Property, PO Box 1837, Harrisburg PA 17105 attn: Research Dept.

Dear Mister Governor...

Keep track of your state government online at **www.state.pa.us**, the official 'portal' of all Pennsylvania news and information coming out of the governor's office in Harrisburg. Here you will find daily press releases and links to all kinds of state services and an easy way to contact your state legislators and the governor.

County Info on the Web

The county web site, **www.lyco.org**, is constantly being updated with the latest news. **Coming soon:** Links to the Coroner and Veterans Affairs offices' web pages.



A Note from Robin . . .

Robin Read is a practicing attorney with the local law firm McNerney, Page, Vanderlin and Hall and has been one of our County Solicitors since 1996. She will be offering legal advice in her column, “A Note from Robin....” If you have a topic that you would like her to discuss, please let us know.

“CLEVER”

I think the word originated to describe those individuals intent on defrauding others. You hear it on the news with increasing frequency, it is called credit card fraud, bank fraud or identity theft. It's like any other crime, you are careful with your credit cards and financial information, thus you never think you will be the victim. Like it or not, virtually all financial and personal information is transferred or otherwise communicated electronically, and the information is not as secure as any of us would like. Take, for example, the recent breaches of electronic security at Sam's Club and the Veteran's Administration. Thus, the world of electronic transfers is rife with opportunity for those clever people who want your money, and the odds are increasing that you may be the victim of such a crime. You need not panic, but you do need to be proactive.

Here are the three best ways to protect yourselves:



1. Exercise your right to obtain your free Credit Report by going to www.annualcreditreport.com. Every twelve months, you have the right to one free credit report from each of the three Credit Reporting Bureaus—Equifax, Transunion and Experian. I encourage everyone to

access their Credit Report to ensure the information thereon is correct. It will tell you when and by whom your Credit Report has been accessed to ensure no unauthorized person/agency has accessed it. It will also tell you what accounts are open and the approximate balances.

A local attorney recently learned someone was using his credit card number—in *Hawaii and in Australia!* Upon review of his credit report, he also discovered two credit cards had been issued to him for which he had no knowledge and both credit cards had balances (see No. 2 below).

It takes about 20 minutes per Credit Reporting Bureau to access your Credit Report. You should have credit cards or loan statements available as each Bureau has its own security questions which involve verifying information contained in your Credit Report. At your option, you can access all three Credit Reporting Bureaus at one time, or spread them out so that you access one every few months throughout the year. The information obtained by each of the three Credit Reporting Bureaus may be similar, but also may be different as each of the Bureaus has contracts with different credit vendors. I encourage you to follow the instructions provided by each of the Bureaus if you find errors on the Reports (keeping in mind the balances may be 30 to 60 days behind).

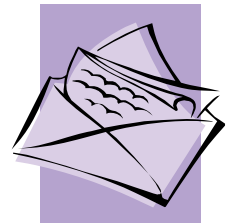
If you do not have a computer, you can have your Credit Report delivered by mail by calling Equifax (800-685-1111); Trans Union (800-888-4213); and Experian (888-397-3742).

2. To reduce your risk of credit cards being issued in your name unknowingly, I recommend

you call 1-888-567-8688 and follow the instructions on the telephone to opt out of receiving all those pesky

credit card and insurance solicitations that come through the mail. The Consumer Credit Reporting Agency is a national service established by the four largest Credit Bureaus in the United States. It takes about four minutes to register and you can opt out of receiving credit card and insurance applications for five years or permanently. If you opt out for five years, you need not do anything further as it is done electronically over the telephone. If you choose to opt out permanently, the Consumer Credit Reporting Agency will send you a form which you must complete and return in five days.

3. Check your monthly credit card and bank statements to ensure there are no unauthorized transactions. It is a simple task and one of the best ways to catch fraud early, but you would be surprised how many people do not check their monthly statements. Please check all statements within 3 to 5 days of receiving and contact the credit card company or the bank immediately if you find anything amiss.



Senior Community Center Schedule of Weekly Events

The Lycoming/Clinton Bi-County Office of Aging, located at 2138 Lincoln Street in Williamsport (phone 570-323-3096; 800-332-8555; fax: 570-322-6869) distributes a schedule of weekly events for the local community centers. Contact your local center for a list of special events planned for the summer months.

Faxon-Kenmar Senior Community Center

HOURS: 8:30-4:00 ph.: 570-327-5490
1301 Clayton Ave./ P.O. Box 3156
Williamsport, PA 17701
Donna Jamison, Center Manager
Email: faxoncenter@stepcorp.org

WEEKLY SCHEDULE:

Mon.	9:00	Puzzles
	11:00	PEPPI EXERCISE w/ video
	12:30	500 Bid Card Game
Tues.	9:00	Puzzles
	10:45	GROCERY Bingo
	12:30	Hand & Foot Card Game
Wed.	9:00	Puzzles
	10:30	PEPPI EXERCISE w/ video
		ALL DAY Card and Game Variety!
		Dominos, Scrabble, Hand & Foot, etc
		You Name It, We'll Play It!!
Thur.	9:00	Puzzles
	10:45	GROCERY Bingo
	12:30	Set Back
Fri.	9:00	Puzzles
	10:30	PEPPI EXERCISE w/ video



Jersey Shore Senior Community Center

HOURS: 8:30-4:00 ph.: 570-398-4352
641 Cemetery Street – Box 52
Jersey Shore, PA 17740
Brenda McDermit, Center Manager
Email: jscenter@stepcorp.org

WEEKLY SCHEDULE:

Mon.	12:30	500/Dominoes/other card games
Tues.	9:15	PEPPI exercises
	12:30	500/Dominoes/other card games
Wed.	12:30	Bible Study w/L. Gilmore, lay minister
	1PM	500/ Pokeno
Thur.	9:15	PEPPI exercise
	12:30	500/Other card games
Fri.	12:30	500/Other card games

Lincoln Senior Community Center

HOURS: 8:30-4:00 570-327-5483
Fax: 570-322-6869
2138 Lincoln Street/ P.O. Box 3156
Williamsport, PA 17701
Marge Scott, Center Manager
Email: mmscott@stepcorp.org

WEEKLY SCHEDULE:

Mon.	12:45	Penny Bingo
Tues.	9:30	Peppi Exercise
Wed.	12:30	Bible Study
	1:00	Penny Bingo
Thur.	9:30	Peppi Exercise
	2:00	Art Class/ Marilyn Seeling
Fri.	12:45	Penny Bingo



Maynard St. Senior Community Center

HOURS: 8:30-4:00 ph.: 570-327-5405
312 Maynard St./ P.O. Box 3156
Williamsport, PA 17701
Tammy Frye, Center Manager
Email: maynardcenter@stepcorp.org

WEEKLY SCHEDULE:

Mon.	9:00	Wood Carving and Cards
	9:30	Peppi Exercise
	10:00	Bible Study
Tues.	8:30	Bingo
Wed.	9:00	Cards
	10:30	READiscover Mobile
Thur.	9:30	Peppi Exercise
	10:00	Cards
Fri.	8:30	Bingo

Messiah Senior Community Center

HOURS: 8:30-4:00 ph.: 327-5489
324 Howard Street/P.O. Box 3156
South Williamsport, PA 17702
Jane Thompson, Center Manager
Email: messiahcenter@stepcorp.org



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Messiah Senior Community Center

WEEKLY SCHEDULE:

Mon. 9:00 Morning Cards
 9:00 Stretching with Richard Simmons
 9:15 Ceramics; 9:30 Walk Aerobics
 10:00 PEPPi; 12:30 Square Dancing

Tues. 9:00 Morning Cards; 1:00 Bingo

Wed. 9:00 Morning Cards
 9:00 Stretching with Richard Simmons
 9:30 Walk Aerobics; 10:00 PEPPi
 11:30 Bible Study
 1:00 South Williamsport Chapter Meeting

Thur. 8:30 Pinochle Club (all Day)

Fri. 9:00 Morning Cards; 9:00 Crafts
 9:00 Stretching with Richard Simmons
 9:30 Walk Aerobics; 10:00 PEPPi
 1:00 Afternoon Cards

George Meck Senior Community Center

HOURS: 8:30-4:00 ph.: 546-2542

1 South Main Street, Muncy, PA 17756

Lesley Tebbs, Center Manager

Email: meckcenter@stepcorp.org

WEEKLY SCHEDULE:

Mon.-Fri. 9:00 Cards & Puzzles

Mon. 9:30 Crafts all day

Tues. 9:30 Crafts all day; Free computer time

Wed. 1:00 Bingo

Thur. 10:45 Bible Study; 1:00 Bingo

Fri. 10:00 Outside walking w/ Beryl
 (Weather permitting)
 1:00 Bingo

Carter Towers Senior Community Center

HOURS: 9:00-3:00 ph.: 570-748-9262

11 South Jones Street

Lock Haven, PA 17745

Marcella Hosley, Center Manager

Email: ctcenter@cubkcnet.org

WEEKLY SCHEDULE:

Mon. 9:30 Cards; 12:30 Pokeno
 2:00 Cards

Tue. 9:30 Cards; 12:30 Bingo
 2:00 Cards

Wed. 9:30 KoffeeKlatch
 12:30 Cards

Thur. 9:30 Cards; 12:30 Pokeno
 2:00 Cards

Fri. 9:30 Cards

Lock Haven Senior Community Center

HOURS: 8:30-4:00 ph.: 570-748-2906

352 East Water Street, Lock Haven, PA 17745

Dolly Confer, Center Manager

Email: drconfer@stepcorp.org

WEEKLY SCHEDULE:

Mon. 9:00 Morning bingo; 1:00 Penny Bingo

Tues. 8:00 Walk the Dike
 8:30 PEPPi Exercise Class

Wed. 9:00 Pokeno; 1:00 cards/bingo

Fri. 8:00 Walk the Dike
 8:30 PEPPi Exercise class
 9:30 CAD card game
 1:00 Cards 500'

Mill Hall Senior Community Center

HOURS: 8:30-4:00 ph.: 726-6378

9 Peale Avenue, Mill Hall, PA 17751

Linda Pallotto, Center Manager

Email: millhallcenter@stepcorp.org

WEEKLY SCHEDULE:

Mon. 1:00 cards, crafts, Computer Class w/ Tom

Tue. 8:30 Walking Group
 9:00 Peppi Exercise; 10:30 & 1:00 Bingo

Wed. 10:00 game time; 1:00 500 cards

Thur. 8:30 Walking group; 9:00 Peppi Exercise
 10:30 & 1:00 Penny Bingo

Fri. 1:00 Bible Study w/ Frank

Renovo Senior Community Center

HOURS: 8:30-4:00 ph.: 923-2525

415 4th St., South Renovo, PA 17764

Loretta Gavlock, Center Manager

WEEKLY SCHEDULE:

Mon- Fri 12:00 Cards, Bingo & Games

We Need Your Help!

Serve Other Seniors by Delivering

MEALS ON WHEELS

Drivers, Assistants and
 Substitutes needed
 for one or more
 days a week.



A route takes 1 - 1½ hrs.
 between 10:30 am and

12:30 pm. Driver's mileage is reimbursable.

Call: Cindy at 748-2906 or Michelle at 323-3096

You Are Cordially Invited To:

- What:** Organizational Luncheon Meeting
of the Lycoming County Retirees
- When:** Wednesday, July 12 at 12:00 p.m. (noon)
- Where:** Sky-View Restaurant & Lounge
(handicap-accessible/take elevator to restaurant)
Williamsport Regional Airport
Montoursville, PA
- RSVP:** to Joan at 320-8157 by Friday, July 7th

TO:



LYCOMING COUNTY
HUMAN RESOURCES OFFICE
48 WEST THIRD STREET
WILLIAMSPORT, PA 17701